

School Mental Health Consulting Program

School District 20 Community Based Mental Health Related Resources

Hi just wanted to share some the names and contact information for some Community Based Organizations (CBO) that provide mental health or family support services available in school district 20, hotlines are also included on this list. Please note that some of the organizations provide services for **FREE**, others **require health insurance** and others can provide **services for a sliding fee** if you are not covered by insurance. Services provided at these organizations include *individual therapy and group therapy, psychiatric evaluations and parent support groups*. If you or your child (ren) are in need of support, please contact the agencies directly to learn more about their services. Take care and be well.

Article 31 – Mental Health Clinics

Dyker Heights Neighborhood Counseling Center

Amy Walker, Assistant to President CEO awalker@bcsnygroup.com (718) 232-8600
7701 13th Avenue Brooklyn, NY 11228

Services Offered: Individual therapy, collateral sessions; Psychiatrist, Groups

Languages: Please call to confirm the languages available at the clinic.

Jewish Board of Children & Family Services (JBCFS)

1-844-ONECALL

South Brooklyn Sites

2020 Coney Island Ave, Brooklyn NY 11223 (Site1)

1273 53rd Street, Brooklyn NY 11219 (Site 2)

9201 4th Avenue, Brooklyn, NY 11209 (Site 3)

Services Offered: Individual therapy, family/collateral sessions; Psychiatrist, Groups.

Languages: Please call to confirm the languages available at the clinic.

Maimonides Medical Center

Dr. Moca, Program Director

718-283-6000

Address: 4802 10th Avenue BK, NY 11219.

Services Offered: Psychiatrists, social workers; Individual, group, family therapy, child & adolescent therapy, psychiatric evaluation, medication management.

Languages: Please call to confirm the languages available at the clinic.

NYU Langone Sunset Terrace

Allison Devlin, Intake Coordinator

718-437-5210, 718-437-5202

514 49th Street Brooklyn, NY 11220.

Services Offered: Individual therapy, family/collateral sessions; Psychiatrist.

Languages: Please call to confirm the languages available at the clinic.

Family Support Programs

Arab American Family Support Center

Arij Abdul, Senior Director of Preventative Services, arij@aafscny.org

Issha Bridges, Associate Director of Preventative Services, Issha@aafscny.org

718-643-8000

150 Court Street, 3rd Brooklyn, NY 11201.

Services offered: Family Therapy and Case Management

Languages: Arabic, Bengali, Urdu, Farsi and Tibetan.

Chinese American Sunshine House

Winnie Hu; 917- 969- 7018 Email: WinnieHu@CSH.org

Chrissie Foo; 917-969-7018 Email: Chrissiefoo@CSH.org

6304 58th Street 3rd Floor Brooklyn, NY 11220.

Services Offered: 12 Week anger management program; 26 Week batter's intervention program, parenting support group and mental health discussion groups for adults (Free).

Languages: Cantonese and Mandarin.

Other Resources

National Suicide Hotline

(800) -273-8255 (TALK)

NYCWell



Chat: nycwell.cityofnewyork.us/en/



Text: Text WELL to 65173



Call: 1-888-692-9355 Services available in 200+ languages

Connect to the mental health support you need 24 hours a day, 7 days a week – **including**

holidays. NYC Well provides the following services:

- Suicide prevention and crisis counseling by a licensed counselor
- Assistance accessing mental health services and making appointments
- Follow-up to ensure services are working out

South Brooklyn Family Resource Center

Contact Number: Yudelca De la Cruz, Director,

Program Address: 858 E. 29th St, Brooklyn, NY 11210; 347 394 5186

Services Offered: Care Coordination; Youth / Parent Advocates; Support Groups; Seminars.

Languages: Please call to confirm the languages available at the clinic.

List completed by: Keitha Rhoden, LCSW School MH Consultant D20